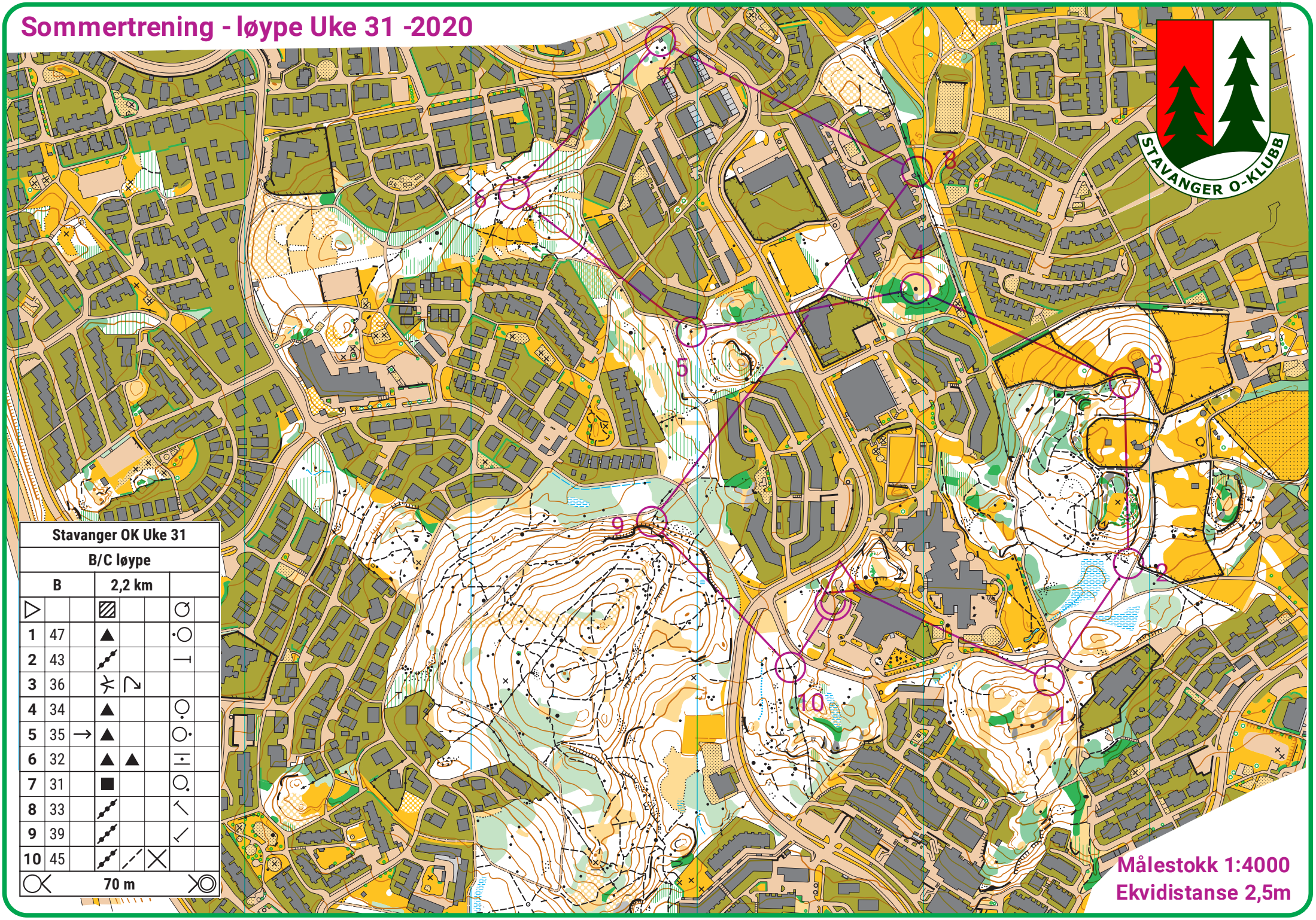Sommertrening - løype Uke 31 -2020